



Valpo Men's Swimming & Diving Parent Meeting

- Welcome
- Introduction of Coaches/Manager
- Communication with Athletes and Parents
 - Remind Application
 - Class Code: vhsms21-22
 - Website www.valposwim.com
- Expectations (Parents & Athletes)
 - Copies of these policies and forms can be found on the website.
 - Attendance
 - Planned Absence Forms (PAF)~Allison Walker
 - Lettering
 - 5 different ways to Letter
 - Varsity times and Lettering times
 - Athlete Contract
- Travel Apparel
 - Black pants, white long sleeve button-down collared shirt
 - We provide a tie
- Travel Release Form (TRF)
 - Can get them in Aquatic Center Office or Athletics Office
 - Must be completed a few days before the scheduled travel
 - Signed by a parent, then coach, then athletics
 - More lenient than in the past
 - Can only be released and picked up by a parent/guardian. Can't have a TRF to travel with other families/athletes
- Bus Snacks (if financially able)
 - Two boxes of snacks
 - Case of Water
 - [Bus Snack Sign Up](#)
- Meet Workers
 - [Timers Sign Up](#)

Coaches Contact Information

Head Coach-Adam "Boomer" Nellesen~ adamnellessen@valpo.k12.in.us

- 219-531-3079 (School)
- Remind App (Text)

Associate Head Coach-Allison Walker~ allisonwalker@valpo.k12.in.us

- 219-531-3076 (School)
- Remind App (Text)

Diving Coach-Bill Chappo~coachchappo@yahoo.com

Important Links

Bus Snacks



Website



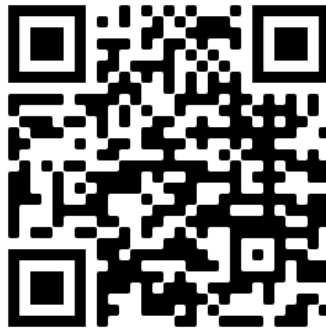
Meet Timers



Planned Absence Form



Lettering Policy



Remind

